

Fruit

Fruit

Lunch Menu - April 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	MEAT FREE MONDAY Pasta in a Tomato & Basil Sauce with Summer Vegetables	Lincolnshire Chipolatas in Gravy, Mashed Potato & Sweetcorn	BBQ Chicken Breast with Rainbow Salad & Herby Diced Potatoes	Roast Turkey in Gravy with Roast Pots & Mixed Vegetables	Salmon Fishcakes with Duchess Potato & Baked Beans	** Vegetables are subject to seasonality. Pasta, Rice,Bread, Pizza Bases
19/04/2021	Quorn Nuggets, Diced Pots with Summer Vegetables	Quorn Pasties in Gravy with Mashed Potato & Sweetcorn	BBQ Quorn Fillet with Rainbow Salad & Herby Diced Potatoes	Quorn Sausages in Gravy, Roast Pots & Mixed Veg	VEGAN - Spicy Vegetable & Spinach Burritos with Baked Beans	will be Wholemeal where available
07/06/2021	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	** All our meat is sourced from our onsite Butchers
19/07/2021	Jacket Potato with Cheese & Beans	Jacket Potato with Tuna Mayonnaise and Sweetcorn	Jacket Potato with Cheesy Coleslaw & Salad	Jacket Potato with Sausages in Gravy & Mixed Vegetables	Jacket Potato with BBQ Chicken & Baked Beans	Shop
	Raspberry Ripple Mousse	Frozen Strawberry Yoghurt Pots	American Pancakes with Chocolate Sauce or	Jelly & Fruit (FBD)	Toffee Apple Sponge with Custard (FBD)	** Bread, Fruit and Water available for all children
	Fruit	Fruit	Fruit	Fruit	Fruit	
Week 2	Caribbean Chicken with Rice & Summer Vegetables	Chicken Burgers with Herby Diced Potatoes and Baked Beans	Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy	Bolognaise with Pasta & Rainbow Salad	Jumbo Fish Finger with Mashed Potato, Peas & Ketchup	GF Gravy
W/c	VEGAN - Cauliflower & Chickpea Curry with Rice & Mixed Vegetables	Quorn Vegetable Pasties with Herby Diced Potatoes and Baked Beans	Vegetarian Sausages with Roast Potatoes, Mixed Vegetables & Gravy	Cheese & Tomato Pasta Bake with Rainbow Salad	Vegetable Nuggets with Mashed Pots, Peas & Ketchup	** Fish Cakes or Fish
26-04-21	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	Fingers will contain Salmon at least once every 3 Weeks
14/06/2021	Jacket Potato with Cheese & Beans	Jacket Potato with Caribbean Chicken & Mixed Vegetables	Jacket Potato with Vegetable Curry and Mixed Vegetables	Jacket Potato with Coleslaw & Salad	Jacket Potato with Bolognaise & Peas	
	Jelly & Fruit (FBD)	Vanilla Ice Cream & Wafer	Chocolate Mousse Slice	Banana Loaf (FBD)	Sticky Chocolate Cake	
	or	or	or	or	or	
	Fruit	Fruit	Fruit	Fruit	Fruit	All Ice Cream Pots are
Week 3	MEAT FREE MONDAY Cheesy topped Pasta in a Tomato & Basil Sauce with Peas	Corned Beef Hash with Broccoli	Beef Lasagne with Rainbow Salad	Roast Chicken with Roast Potatoes, Cauliflower, Carrots & Gravy	Bubblecrumb Fish with Herby Diced Potatoes & Baked Beans	Reduced Sugar and Fat
W/c 03/05/2021		Bean & Vegetable Cottage Pie with	Quorn Vegetable Pasta with	Quorn Fillet with Roast Potatoes, Cauliflower, Carrots & Gravy	Cheese & Onion Lattice with Herby	All Baked Beans served
	sauce with Pasta & Peas	Broccoli	Rainbow Salad	, , , , , , , , , , , , , , , , , , , ,	Diced Potatoes & Baked Beans	are Reduced Salt &
21/06/2021	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	Reduced Sugar
	Jacket Potato with Cheese & Beans	Jacket Potato with Tuna Mayonnaise and Sweetcorn	Jacket Potato with Vegetable Bean Stew & Carrots	Jacket Potato with Coleslaw & Salad	Jacket Potato with Minced Beef & Baked Beans	
	Vanilla Ice Cream and Wafer	Jam Sponge with Cream	Frozen Strawberry Yoghurt Pots	Pineapple Upside Down Sponge & Cream (FBD)	Jelly & Fruit (FBD)	

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Lunch Menu - April 2020

	Bank Holiday Monday	Tuesday	Wednesday	Thursday	Friday	
Week 4	Mild Chicken Curry with Rice, Vegetables	MEAT FREE TUESDAY Margherita Pizza with Herby Diced Potatoes & Salad	Roast Pork with Roast Potatoes, Mixed Vegetables & Gravy	Cottage Pie with Carrots & Sweetcorn	Fishfingers in a Bap with Hash Brown Puffs & Baked Beans	** Vegetables are subjec to seasonality. Pasta, Rice,Bread, Pizza Bases
	VEGAN - Vegetable Samosa with Rice, Vegetables	Quorn Potato & Spinach Pastie with Herby Diced Potato & Salad	Quorn Fillet with Roast Potatoes, Mixed Vegetables & Gravy	Quorn Sausage, with Mashed Potatoes & Sweetcorn	Beanburger in a Bap with Hash Brown Puffs & Baked Beans	will be Wholemeal where available
10/05/2021	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	** All our meat is sourced from our onsite Butchers
28/06/2021	Jacket Potato with Cheese & Beans	Jacket Potato with Coleslaw & Salad	Jacket Potato with Chicken Curry & Mixed Vegetables	Jacket Potato with Tuna & Sweetcorn	Jacket Potato with Minced Beef & Baked Beans	Shop
	Vanilla Ice Cream and Wafer	Banana Loaf (FBD) or	Organic Fruit Yogurt or	Pineapple Sponge & Custard (FBD)	Jelly and Fruit Salad (FBD)	** Bread, Fruit and Wate available for all children
	Fruit	Fruit	Fruit	Fruit	Fruit	
Week 5	Cowboy Chicken with Savoury Rice & Sweetcorn	Sausage Brunch (Lincolnshire Chipolatas, Baked Beans, Hash Brown Puffs & Bread)	Roast Turkey with Roast Potatoes, Carrrots, Cabbage & Gravy	Beefy Bolognaise with Pasta & Diced Salad	Bubble Crumb Fish with Herby Diced Potatoes with Peas and Tomato Ketchup	** We endeavour to cate for Dietary Needs
W/C	VEGAN - Curried Vegetable Pasties with Rice & Sweetcorn	Quorn Brunch (Quorn Sausages with Baked Beans, Hash Brown Puffs & Bread)	Cheesy Vegetable & Potato Pie with Carrots & Cabbage	Quorn Bolognaise Pasta Bake with a Cheesy topping and Diced Salad	Cheese & Onion Lattice, Herby Diced Potatoes & Peas	** Fish Cakes or Fish Fingers will contain Salmon at least once
17/05/2021	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	every 3 Weeks
05/07/2021	Jacket Potato with Tuna & Sweetcorn	Jacket Potato with Cowboy Chicken & Baked Beans	Jacket Potato with Cheese & Beans	Jacket Potato with Coleslaw & Salad	Jacket Potato with Bolognaise & Peas	All Baked Beans served
	American Pancakes with Toffee Sauce	Apple & Pear Oat Crumble with Cream (FBD)	Chocolate Ice Cream and Wafer	Jelly and Fruit Salad (FBD)	Frosted Carrot Cake	are Reduced Salt &
	or	or	or	or	or	Reduced Sugar
	Fruit	Fruit	Fruit	Fruit	Fruit	
Week 6	Sweet & Sour Chicken with Savoury Rice & Mixed Vegetables	Chicken Bites with Herby Diced Potatoes, Peas & Ketchup	Beef Lasagne with Rainbow Salad	Roast Gammon with Mashed Potato, Broccoli, Sweetcorn & Gravy	Jumbo Fishfingers with Peas, Herby Diced Potatoes & Ketchup	
w/c	VEGAN - Cauliflower & Chickpea Curry with Rice & Mixed Vegetables	Vegetable Bake with Beans & Herby Diced Potatoes	Cheesy Vegetable & Bean Bake with Rainbow Salad	Quorn, Potato & Spinach Pastie with, Mashed Potatoes, Broccoli, Sweetcorn & Gravy	Hot Cheese & Tomato Deli Rolls with Peas & Herby Diced Potatoes	
24/05/2021	Cheese Sandwich, Organic Yoghurt, Apple & Cherry Tomatoes	Hot Ham & Cheese Deli Roll, Organic Yoghurt, Fruit Bag & Vegetable Sticks	Pasta Pot, Organic Yoghurt, Apple & Celery Sticks	Ham Sandwich, Organic Yoghurt, Fruit Bag & Salad Pot	Cream Cheese & Cucumber Sandwich, Organic Yoghurt, Mayo Dip & Carrot Sticks, & Apple	
12/07/2021	Jacket Potato with Cheese & Beans	Jacket Potato with Sweet & Sour Chicken & Peas	Jacket Potato with Coleslaw & Salad	Jacket Potato with Tuna & Sweetcorn	Jacket Potato with Bolognaise & Peas	
	Poached Pears with Vanilla Custard (FBD)	Apple Lemon & Sultana Loaf (FBD)	Vanilla Ice Cream and Wafer	Frozen Toffee Yoghurt Pots	Chocolate Mousse Slice	
	or Fruit	or Fruit	or Fruit	or Fruit	or Fruit	

Willoughby Foods Allergen Information															
Main Meals	Cereals containing Gluten	Crustacear	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian
Caribbean Chicken	х								х	х					
Pasta in a Tomato & Basil Sauce	х								х	х					х
Cheesy Pasta in a Tomato & Basil Sauce	х						х								х
Corned Beef Hash							х								
BBQ Chicken	х								х	х		х			
BBQ Quorn Fillet	х		х				х		х	х		х			
Beefy Bolognaise with Pasta	х					х									
Bolognaise with Pasta	х					х			х	Х					
Cheesy Vegetable & Potato Pie	х		Х				х								Х
Roast Gammon															
Salmon Fish Cakes	х			х			х			х					
Roast Pork															
Roast Turkey															
Chicken Nuggets	х						х								
Roast Chicken															
Cheese & Onion Lattice	х					х	Х		х	Х					х
Quorn Vegetable Pasta	Х		х				х								Х
Quorn Bolognaise Pasta Bake	Х		х												Х
Chicken Burger	х														
Quorn Fillet	х		х			х									Х
Beef Lasagne	Х		х			х	х			Х					
Cheese & Tomato Deli Roll	Х		х			х	х				Х				Х
Cowboy Chicken	Х									Х					
Country Veg Bakes	Х						Х			Х					Х
Fish Fingers	Х			Х											
Salmon Fish Cakes	Х			Х			Х			Х					
Bean Burger in a Bap	Х						Х		Х	Х					
Mild Chicken Curry	Х						Х		Х	Х					
Lincolnshire Chipolatas in Gravy	Х											Х			
Jumbo Fish Fingers	Х			Х			Х								
Vegetable Sausage	Х		Х			Х									Х
Quorn Sausage	Х		Х			Х									Х
Margerita Pizza	Х						Х					Х			Х
Sausage Brunch	Х		Х				х								
Quorn Brunch	Х		Х			Х									Х
Sweet & Sour Chicken	X					X			Х	Х					
Main Meals	Cereals containing Gluten	Crustacear	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian
Bean & Vegetable Cottage Pie	х						х		х	х					х
Vegetable Pasta Bake	х		х				х								х
Bubble Crumb Fish				х											
Vegetable Nuggets	х														
Cottage Pie	х						х								
Quorn Vegetable Pasties	х		х			х	х								х
Quorn Potato & Spinach Pasties	х		х			х	х								х
Cheesy Vegetable & Bean Bake	х						х								х
Spicy Vegetable & Spinach Burritos	х								х	х					х
Falafel in rich Tomato Sauce	х								х	х					Х
Vegetable Samosa	х					х				х					
Curried Vegetable Patties	х														

				Willoug	nby Fo	oas All	ergen	intorm	ation						
Side Dishes	Cereals containing Gluten	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian
Baked Beans															Х
Bread	Х						Х								Х
Boiled Potatoes															Х
Carrots															Х
Broccoli															Х
Green Beans															
Cabbage															Х
Cauliflower															Х
Cheese							Х								Х
Duchess Potatoes							Х								Х
Coleslaw	Х		х			х			х	х	х				х
Herb Diced Potatoes	Х						Х								Х
Roast Potatoes															Х
Mashed Potato	Х		×				Х								Х
Garlic Bread	Х					Х	Х								Х
Gravy															Х
Jacket Potato															Х
Tomato Ketchup															Х
Peas															х
Pasta	х														Х
Bread Bap	Х						Х								Х
Naan Bread	Х						Х								х
Vegetable Rice															х
Rice															х
Rainbow Salad															х
Mixed Vegetables															х
Sweetcorn															Х
Hash Brown Puffs															Х

Willoughby Foods Allergen information															
Desserts	Cereals containing Gluten	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian
Frosted Carot Cake	х		х			X	х								х
Apple & Pear Oat Crumble & Cream	х		х			х	х								х
Poached Pears with Vanilla Custard	х						х								х
Organic Yoghurt							х								
Sticky Chocolate Cake	Х		х			х	х								х
Chocolate Mousse Slice	х		х			х	х								х
Toffee Apple Sponge with Custard	х		×				х								х
Banana Loaf	х		Х				Х								х
Jelly & Fruit Salad															
Raspberry Ripple Mousse							х								х
Jam Sponge with Custard	х		х				х								х
Chocolate Ice Cream & Wafer	х					х	х								х
Vanilla Ice Cream & Wafer	х					х	х								х
Pineapple Upsidedown Sponge & Custard	х		х			х	х								х
Frozen Toffee Yoghurt Pot							х								х
Frozen Strawberry Yoghurt Pot							х								х
Apple Lemon & Sultana Loaf	х		х				х						х		х
American Pancakes with Toffee Sauce	х		х				х								х

Willoughby 1 oods Allergen mornation															
Packed Lunches	Cereals containin g Gluten	Crustacea	Eggs	Fish	Peanuts	Soya Bean	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetariar
Hot Ham & Cheese Deli Roll	х						х				х				
Cream Cheese & Cuc Sandwich	х		х				х								х
Potato Snacks															х
Cherry Tomatoes															х
Ham Sandwich	х						х								
Apple Bag															х
Mini Cheddars	х						х								х
Vegetable Sticks															х
Organic Fruit Yoghurt - Low Fat							х								х
Carrot Sticks															х
Celery Sticks															х
Mayonnaise Dip			х				х								х
Salad Pot															х
Tuna Pasta Salad Pot	х		х	х		х	х		х	х					
Cheese Sandwich	х						х								х
Bottled Water															х
Apple															х

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Jacket Potato Fillings	Cereals containing Gluten	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian
Bolognaise	Х								Х	Х					
Minced Beef in Gravy	Х														
Cheese & Beans							х								х
Chicken Curry	х					Х			х	х	х				
Tuna & Sweetcorn Mayonaise			Х	Х											
Cheesy Coleslaw	х					Х	х		х	Х	х				х
BBQ Chicken	Х								Х	х					
Caribbean Chicken	х								Х	Х					
Sweet & Sour Chicken	Х								Х	Х	Х				
Coleslaw	Х					Х			Х	Х	Х				Х
Sausages in Gravy with Mixed Veg	Х						Х								
Vegetable Curry with Mixed Veg	Х					Х			Х	Х	Х	·			Х
Vegetable Bean Stew & Carrots	х					Х			Х	Х					Х
Cowboy Chicken & Baked Beans															