

# PE Subject Statement

## Intent

At Edenham CofE Primary School we aim to provide children with a passion of physical activity, living a healthy lifestyle and developing their own skills within a range of areas. By developing children's skills before their knowledge of recognised games, children can have the confidence to apply their learning and experience success.

We aim to develop the children's knowledge of a successful and inspiring sports people and stories, both locally and globally. Working with local professional and grassroots teams we intend to inspire children and make them aware of a wide and diverse world that they can access.

In developing children's perseverance, and their knowledge of physical activity and healthy, active lifestyles, children will be prepared to move forward in their lives valuing, and knowing how to, take care of their physical and mental health.

## Implementation

Our P.E curriculum is planned carefully supported by Get Set 4 P.E. Using this scheme allows us to give children the opportunity to participate in a range of activities to improve their fitness, skills and knowledge of how to live a healthy lifestyle. Throughout their time at Edenham children develop both their gross and fine motor skills, not only this but develop a sense of fair play and sportsmanship.

Daily activity is encouraged with a wide range of activities provided for children at lunch and break times to improve basic skills such as hand-eye coordination, balance and communication skills.

By the time children leave Edenham they would have had the opportunity to attend swimming lessons at Bourne Leisure Pool, enabling them to become water confident and reach the target set within the National Curriculum of being able to swim 25m.

Children from EYFS to Year 6 have a session a week of outdoor education and during these sessions children engage in orienteering. Not only this but an annual whole school trip to Grimsthorpe Castle ensures all children are able to experience an extended walk following a variety of footpaths over an extended distance throughout our local environment.

To inspire children and provide them with the opportunity to see live sport we link with local sports clubs such as Peterborough United and Peterborough Phantoms who lead assemblies and provide the children with free admission to a given fixtures.

## Impact

Assessment is carried out each session by the class teacher, as a result of this they will apply suitable challenge or support as and when it is needed. The build of skills taught throughout a unit will enable children to participate in a performance or organised game whereby their performance can be assessed with teachers taking note of how the skills taught have been applied.

Children at Edenham primary school will be able to:

- Participate confidently in a range of physical activities
- Show water confidence
- Swim 25m on leaving Edenham
- Discuss the physical and mental benefits of an active lifestyle
- Show leadership and sportsmanship
- Have a will to try new things